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DIABETES PHILIPPINES SECRETARIAT
661 Boni Avenue corner Ligaya St., Brgy. Plainview, Mandaluyong City
Telefax: (632) 531-1278 Tel. No. (632) 534-9559
Email: diabetesphilippines@pldtel.net; dwatch2013@gmail.com
Website: www.diabetesphilippines.org

Title: Diabetes Seminar-Workshop: An Update on pathophysiology, management and prevention of complications.

Description: The seminar is for health care professionals (HCP): medical doctors and other allied health professionals who are interested to enhance their knowledge and skills in managing diabetes as well as uphold the right attitude in handling people with diabetes. Update on diabetes pathophysiology, complications and management including but limited to lifestyle and pharmacologic management throughout the lifespan will be given emphasis by incorporating the Therapeutic Lifestyle Change (TLC) that includes basic Medical Nutrition Therapy and increase Physical Activity. Managing diabetes is not the sole responsibility of health care professionals (HCP) hence team approach and self-management education will be introduced/incorporated in all the discussion towards self-empowerment. To augment the knowledge on Insulin therapy and monitoring of blood glucose, actual demonstration and return demonstration by the participants will be performed using the current devices available in the country.

Lecturer & Facilitator: Diabetologist/Endocrinologist/Diabetes Specialist; Diabetes Nurse Educators; RND-Diabetes Educators.

Target Participants: The contents is designed specifically for health care professionals (HCP) such as but not limited to the following: medical doctors, registered nurses, nutritionist-dietitians, pharmacist, medical technologies, psychologist and others who are interested to increase their knowledge, skills and attitude in caring for people with diabetes

Date: October 10 – 11, 2019
Methodology: Lecture discussion; case analysis; hands on practice, return demonstration.

General Objectives: At the end of the seminar-workshop, the participants have an enhanced knowledge, skills and attitude in caring for people with diabetes.

Specifically, the participants will be able to:

1. Discuss updated concepts on diabetes, its risk factors, signs and symptoms, classifications, complications and management.
2. Determine different orals and injectable medicines for people with diabetes
3. Explain the therapeutic lifestyle change such as the basic Medical Nutrition Therapy and increase physical activity
4. Integrate acquire knowledge in case analysis and hands-on practice session in counting calories and carbohydrates
5. Demonstrate acquired skills on insulin injection and monitoring of blood glucose.



in cooperation with
Diabetes Philippines
Ilocos Sur Chapter

Invite you to attend

DIABETES AND NUTRITION WORKSHOP

October 10-11, 2019 (Thursday - Friday)
8:00am – 5:00pm
Vigan Convention Center, Ilocos Sur

PROGRAM

Applied with PRC-CPD Units:
Physicians: PRC Accreditation No. 2012-004
Nursing: PRC Accreditation No. 2018-221
RND: PRC Accreditation No. 2018-030

Credited with:
3 PCP-CPD Units
7 PMA CME Units
20 PAFP Under Category II

69th Diabetes Workshop and 34th Diabetes Forum
WORKSHOP COORDINATORS

Nines P. Bautista, MD
Lorenza Evangelina R. Pipo, MD
Jennina A. Duatin, RND
Leyden V. Florido, RN
Mr. Maxim T. Legaspi

69 th Diabetes Workshop & 34 th Diabetes Forum October 10, 2019 (Thursday) 8:00am – 5:00pm Vigan Convention Center, Ilocos Sur		
TIME	TOPIC	
7:00 – 8:15	Registration	
8:15 – 8:30	Opening Ceremonies National Anthem and Invocation Welcome Remarks - Lorenza Evangelina R. Pipo, MD Introduction to the Workshop - Grace K. de los Santos, MD	
8:30 – 9:30	Diabetes updates on the following: - Risk factors - Risk assessment - Diagnosis and Classification <i>Speaker: Maria Marci C. Cruz, MD</i> - Defects: Ominous Octet and - Egregious Eleven - Complications <i>Speaker: Grace K. de los Santos, MD</i>	
9:30 – 10:00	Open Discussion	
10:00 – 12:00	Oral Medication therapy - Metformin and Sulfonylurea - Pioglitazones <i>Speaker: Francis I. Pasaporte, MD</i> - DPP 4 inhibitors - SGLT 2 inhibitors - AGI <i>Speaker: Marsha C. Tolentino, MD</i>	
12:00 – 1:00	Lunch Break / Open Discussion	
1:00 – 1:30	Industry Sponsored Lecture	
1:30 – 3:00	Diabetes Management using Injectible (Injectable Diabetes Therapy) - Insulin - Insulin Therapy <i>Speaker: Fatma I. Tiu, MD</i> - GLP 1 agonist <i>Speaker: Ma. Cynthia B. Sanchez, MD</i>	
3:00 – 3:30	Break / Open Discussion	
3:30 – 4:15	Team Approach in Diabetes Self-management towards empowerment <i>Speakers: Jennina A. Duatin, RND Leyden V. Florido, RN</i>	
4:15 – 4:50	Physical Activity <i>Speaker: Fatma I. Tiu, MD</i>	
4:00 – 5:00	Team Approach in Diabetes Self-management towards empowerment <i>Speakers: Jennina A. Duatin, RND Leyden V. Florido, RN Francis I. Pasaporte, MD</i>	MEET THE EXPERTS SESSION -Diabetes Management in CKD -In-Hospital Diabetes Management <i>Experts: Grace K. de los Santos, MD Marsha C. Tolentino, MD Fatma I. Tiu, MD Maria Marci C. Cruz, MD Ma. Cynthia B. Sanchez, MD</i>

69 th Diabetes Workshop & 34 th Diabetes Forum October 11, 2019 (Friday) 8:00am – 5:00pm Vigan Convention Center, Ilocos Sur	
Time	Topics
8:00 – 8:30	Recap of Day 1 Activities
8:30 – 12:00	Medical Nutrition Therapy - MNT Goal <i>Speaker: Jennina A. Duatin, RND</i> - Macronutrients Function Sources Distributions - Calorie counting <i>Speaker: Olivia O. Dabu, RND</i> - Carbo counting - Food label reading <i>Speaker: Jennina A. Duatin, RND</i>
12:00 – 1:00	Industry sponsored lecture
1:00 – 3:00	Insulin Administration - Delivery Devices - Recommendations - Technique <i>Speaker: Leyden V. Florido, RN</i>
3:00 – 3:30	Break-out Session/Open Discussion
3:30 – 4:45	Glucose Monitoring - Devices - Recommendations - Technique <i>Speaker: Leyden V. Florido, RN</i>
4:45 – 5:00	Wrap-up Session - Summary - Evaluation



69th Diabetes Workshop and 34th Diabetes Forum
October 10 – 11, 2019 (Thursday – Friday) 8:00am – 4:00pm
Vigan Convention Center, Ilocos Sur

REGISTRATION FORM

PLEASE PRINT CLEARLY:
 CATEGORY: ☐P ☐ ☐mily Med ☐ R ☐ R ☐ Other _____
 NAME&M.I.: _____
 SURNAME: _____
 ADDRESS: _____
 TEL. NO: _____ FAX NO.: _____
 CELLPHONE NO.: _____
 E-MAIL: _____
 REGISTRATION FEES:

CATEGORY	Early Registration Before September 30, 2019	On-site Registration October 1, 2019 onwards
Full Registration (Physicians)	P 800.00	Php.1,000.00
Full Registration (Allied)	P 500.00	

MODE OF PAYMENT
 Option 1: CASH ☐
 Option 2: Bank Transfer ☐

You may pay your registration fees at the branches of the following banks:
 Authorized Banks:
☐ Metrobank : S/A No. 254-3-25402919-0
☐ BDO : S/A No. 004-590297194

ACCOUNT NAME: DIABETES PHILIPPINES, INC.

Note:
 1. Please return accomplished form and payment to:
 Diabetes Philippines Secretariat, 661 Boni Avenue corner Ligaya St., Brgy. Plainview, Mandaluyong City
 Tel. Nos. 531-1278/534-9559
 Fax No. 531-1278 // Email: diabetesphilippines@pltdsl.net
 2. If payment was made thru bank please attach duplicate copy of your deposit slip together with your registration form.
 3. Only registration form accompanied by payment will be processed.

REGISTRATION IS NON-REFUNDABLE AND NON-TRANSFERRABLE